



FOURTH SUNDAY IN ORDINARY TIME

Weekend of January 31 - February 1, 2026

A STEWARDSHIP REFLECTION FOR THE FOURTH SUNDAY IN ORDINARY TIME

1403-A California Avenue
Wahiawā, HI 96786

Phone: (808) 621-5109

Fax: (808) 622-5073

Emergency: (808) 621-0552

Email: info@olswahiawa.org

Web: www.olswahiawa.org

OFFICE HOURS

Monday - Friday
8:00 AM - 4:00 PM

MASS SCHEDULE

Daily

Monday - Saturday
7:00 AM

Weekend

Saturday (anticipatory)
5:00 PM

Sunday

7:00 AM & 9:00 AM

Ilocano Mass

See Weekly Schedule

Samoan Mass

See Weekly Schedule

RECONCILIATION

Saturday at 4:00 PM - 4:45 PM
or by Appointment

Mission Established
1928

Parish Established
1939

The Gospel Reading for today is what is popularly called the Sermon on the Mount. Many think it is the absolute epitome of Jesus' teachings. To be sure it tells us how we are to live our lives, the attitudes we are to have. We must remember that those who were waiting and hoping for the Messiah expected a military leader, one who would lead them in battle against their oppressors.



In His Sermon on the Mount Jesus gives a more accurate perspective of Who He is. He begins what we call the Beatitudes (the word means "blessings") with "Blessed are the poor in spirit, for theirs is the kingdom of heaven." In a sense we are all "poor in spirit." Without the guidance and strength provided us by the Lord there is no way we can escape this poverty of spirit, of spirituality, if you will.

That is why we often say that living God-centered lives is at the very core of stewardship. Being a disciple of Christ translates into being a steward of our many gifts and blessings. Some scholars believe that Jesus may have given this sermon often during His ministry. Those who followed Jesus and became the earliest Christians, the first members of the Church, were fond of quoting and referring to what the Lord said on this occasion. As stated, Jesus provides us with the secret of living a good life. If we rely on Him and follow Him, we will be blessed.

- *Stewardship Reflections by Catholic Stewardship Consultants*

**All are invited to receive the BLESSING OF THROATS
on TUESDAY, FEBRUARY 3 at 7:00 AM Daily Mass.**

"Through the intercession of St. Blaise, bishop and martyr, may God deliver you from every disease of the throat and from every other illness, in the name of the Father, and of the Son, and of the Holy Spirit."

- Prayer from the Blessing of Throats

Respect Life "A society is all the more human to the degree that it cares effectively for its most frail and suffering members, in a spirit of fraternal love. Let us strive to achieve this goal, so that no one will feel alone, excluded or abandoned."

Pope Francis, Message for the 29th World Day of the Sick 2021 © 2020, Libreria Editrice Vaticana. Used with permission. All rights reserved.

WEEKLY CALENDAR

- Jan 31 (Sat) St. John Bosco**
 7:00 am Mass / Eucharistic Adoration
 8:30 am Benediction
 9:00 am Food Pantry/Senior Box Distribution
 5:00 pm Baptism
- Feb 1 (Sun) Fourth Sunday in Ordinary Time**
 10:15 am Faith Formation Classes
 11:30 am Children's Praise Choir Practice (PH)
- Feb 2 (Mon) Presentation of the Lord**
 4:00 pm Eucharistic Encounters (Lib)
 6:30 pm SHE Ministry (Lib)
- Feb 3 (Tue) St. Blaise, St. Angsar**
 7:00 am Mass w/Blessing of Throats
 1:00 pm Altar Society Exec (PH)
 4:00 pm Legion of Mary (PH)
 7:00 pm Choir Practice (CH)
- Feb 4 (Wed) Weekday**
 6:30 pm TMIY Ministry (Lib)
 6:30 pm Youth Ministry (PH)
- Feb 5 (Thu) St. Agatha**
 4:00 pm Cantor Practice (CH)
- Feb 6 (Fri) St. Paul Miki and Companions**
 First Friday
 7:00 am Mass / Eucharistic Adoration
 8:30 am Benediction
 1:30 pm EADM (PH)
 7:00 pm Samoan Choir Practice (CH)
- Feb 7 (Sat) Weekday**
 7:00 am Mass / Eucharistic Adoration
 8:30 am Benediction
 12:00 pm Our Lady of Fatima Rosary (CH Lanai)
- Feb 8 (Sun) Fifth Sunday in Ordinary Time**
 World Marriage Day
 10:15 am Altar Society Meeting (PH)
 10:15 am Faith Formation Classes

OLS = Our Lady of Sorrows / CH = Church / PH = Parish Hall / Lib = Library
 Conf = Conference Room / Class = Upstairs Classroom / MMP= Mililani Memorial

**THERE WILL NO SAMOAN MASS AT OLS ON FEBRUARY 1.
 SAMOAN MASS WILL BE ST. JOSEPH CHURCH IN WAIPAHU.**

*Youth
 Ministry*

Youth Ministry meets on Wednesdays,
 6:30 PM. Visit the OLS website for
 more information!

TAX DEDUCTION LETTERS

The 2025 Year End Contribution letters have been mailed to anyone who identifiably contributed \$100.00 or more to our parish. For inquiries and questions, please call the Parish Office at (808) 621-5109 extension 9720.



TODAY'S READINGS

[Liturgical Color: Green]

Zephaniah 2:3; 3:12-13

Psalms 146:6-10

1 Corinthians 1:26-31

Matthew 5:1-12a

Blessed are the humble of the earth (1), blessed are the poor in spirit (Ps, 3)! Such are the ones God has chosen to confound the strong of this world (2).

NEXT SUNDAY'S READINGS [Liturgical Color: Green]

Is 58:7-10 • 1 Cor 2:1-5 • Mt 5:13-16

STEWARDSHIP OF TREASURE

Week of January 5 - 11, 2026

OFFERINGS

Sunday Offering	\$4,754.00
Forward in Faith	\$560.00

MISCELLANEOUS OFFERINGS

Food Pantry	\$50.00
Repairs & Maintenance	\$50.00
Other Miscellaneous Offering	\$313.36

Mahalo for your generosity!

Call the Parish Office at 621-5109 ext. 9720 if you are in need of a new offering envelope box.

A NOTE FROM THE OLS FINANCE COUNCIL:

First, **Forward in Faith.**

Our monthly loan payment is **\$10,525**. Over the last three months, our average monthly collection has been **\$4,861**. This means we are short about **\$5,600 each month**.

Next, **General Operations**, which covers the day-to-day costs of running the parish.

Our average monthly expenses are **\$47,088**. Our average monthly income is **\$38,867**. This results in a monthly shortfall of about **\$8,200**.

Our goal moving forward is simple and clear:

- Increase **Forward in Faith** monthly collections to **\$10,525**
- Increase **General Operations** monthly collections to **\$50,000**

You may choose to direct, or restrict, your donations to either of these funds.

If you have any questions, please feel free to reach out to any of the Finance Council: **Paul Soriano, Jack Kampher, AnnJoy Cieslak, Tess Nakanishi, Lillian Barsana, Keith Tamashiro, or Mark Yen** — or contact the Parish Office. Thank you.

FAITH FORMATION CORNER

Alan Kim, RE Coordinator (ext. 9723)

DATES TO REMEMBER: February 15 Children's Family Mass, 9AM
February 18 Ash Wednesday, 7AM & 7PM; Lent Begins



FOOD PANTRY'S 7TH ANNUAL SUPER BOWL CHALLENGE



It's the New England Patriots vs. the Seattle Seahawks in this year's Super Bowl! Pick your favorite team to win by donating rice, canned food and other non-perishable food. Please drop off your donation in the baskets at the main church entrance or with the church office. The team with the most pounds of food will be announced in the bulletin after the Super Bowl.

MAHALO FOR SUPPORTING THE OLS FOOD PANTRY!

MARDI GRAS! A CELEBRATION FOR ALL!

FEBRUARY 13 / 4:00 PM TO 9:00 PM IN THE PARISH HALL

All men, women, and children are invited to join in the fellowship, a social gathering, celebrating with Food, Music, Dance, and Games! A King, a Queen, a Prince and a Princess will be voted on for the evening! There will be a Raffle! (Suggested donation: \$1.00 per ticket (100% of all proceeds will go towards "**Forward In Faith.**")

"May this celebration refresh, enrich, and nurture the growth of the Seeds of Hope, Love, and Good Deeds, giving rise to the Family of Families at Our Lady of Sorrows Church that embraces a life of generosity. Amen."



Lent is a 40-day season of prayer, fasting, and almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. It is a period of preparation to celebrate the Lord's Resurrection at Easter. During Lent, we seek the Lord in prayer by reading Sacred Scripture; we serve by giving alms; and we practice self control through fasting. We are called not only to abstain from luxuries during Lent, but to a true inner conversion of heart as we seek to follow Christ's will more faithfully. We recall the waters of baptism in which we were also baptized into Christ's death, died to sin and evil, and began new life in Christ.

-Taken from United States Conferences of Catholic Bishops

ASH WEDNESDAY

February 18 • 7:00 AM & 7:00 PM

Mass with Blessing and
Distribution of Ashes

STATIONS OF THE CROSS

Every Friday of Lent at 6:00 PM

Beginning February 20

BLOOD BANK OF HAWAII BLOOD DRIVE AT OLS!!!

FEBRUARY 22 (SUNDAY) / 7:00 AM-12:00 PM

DONATE Blood! HELP Save Lives! ALL IT TAKES IS ONE HOUR OF YOUR TIME. Hawaii needs more than 200 blood donors EVERY DAY.

CONTACT A KNIGHT OF COLUMBUS TO RESERVE A TIME.



PARISH STAFF

Fr. Octavius Moo
Parish Administrator
ext. 9721

Celestino Emwalu
Deacon

Rani Laurel
Office Manager
ext. 9720

Liturgy
ext. 4337

Kainoa Fukumoto
Music Ministry
ext. 4337

Alan Kim
Faith Formation
ext. 9723

Sonny Hernandez
Maintenance/Custodian

COUNCILS & COMMITTEES

Christian Natividad
Chairperson, Pastoral
Council

Paul Soriano
Chairperson, Finance
Council

Karen Lung
Chairperson, Stewardship
Committee

Patricia Bushong
Chairperson, Parish Planning
and Building Committee

MISSION STATEMENT

Our Lady of Sorrows Church is a Catholic, faith-filled community united and founded on the teachings and love of Jesus Christ to serve the needs to all parishioners and through its ministries, to foster and nurture their growth in faith.

Our Lady of Sorrows Church believes in stewardship as a way of Christian living. As stewards, it is our responsibility to give back to God the best that He has given us, by giving of our time, talent and treasure.

As a unified and welcoming parish of the Universal Church, we reach out to all of God's people through education, through social action, through worship and through proclaiming and living the Gospel of Jesus Christ.

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